# PAKISTAN NEWSLETTER

### CONGRATULATIONS TO OUR AMAZING TEAM IN PAKISTAN!

Pakistan started recruiting patients in March 2016, since then the country has recruited more than 4,000 patients into the trial from 31 hospitals. With 11,700 patients recruited into the trial, Pakistan has contributed more than a third of the total number of patients so far. The number is increasing every day!

11,700 patients randomised; 300 to go! Recruitment will stop as soon as we reach 12,000 patients. Go Pakistan!



#### Asian Institute of Medical Sciences





4200

patients

Ghulam Muhammad Mahar Medical College and Teaching Hospital Unit I



Divisional Headquarters DHQ Hospital Faisalabad



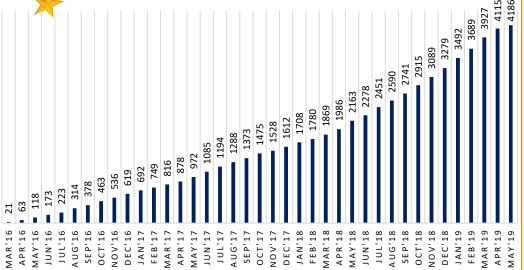
Shifa International Hospital



Mayo Hospital Lahore

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## **RECRUITMENT IN PAKISTAN**



Since beginning recruitment in March 2016, Pakistan has come so far! From recruiting around 30 patients per month, you are all now recruiting over 200 patients per month. **Pakistan is now our** 

Pakistan is now our highest recruiting country in the HALT-IT trial!

The HALT-IT primary outcome has been modified from death in hospital to **death due to haemorrhage**. Thank you all for submitting the amendment to your ethics committees!



### **MESSAGES FROM OUR COLLABORATORS**



#### AZIZ BHATTI SHAHEED TEACHING HOSPITAL

Tranexemic Acid is an inexpensive drug for very serious and life threatening diseases like upper and lower GI bleeding. If proven beneficial by the HALT-IT trial, the way it was proven in the WOMAN and previous CRASH trials in different traumas, it would be a useful and very cheap weapon in the armamentarium against serious GI bleeding.

- Dr Muhammad Afzal Chaudhry (Assoc. Professor)



#### JINNAH HOSPITAL UNIT I

It Is a great experience working with the HALT-IT trial team in London. We will continue recruiting and try to improve by recruiting from the emergency department, uploading all our data on time, answering our queries, and ensuring we continue to follow the trial procedures to the ICH GCP standards.

- Dr Khalid Mahmood Nasir (PI)





LIAQUAT UNIVERSITY OF MEDICAL AND HEALTH SCIENCES UNIT II



POF HOSPITAL, WAH CANTT

There is a very high incidence rate of GI bleeding due to the prevalence of Hepatitis C and oesophageal varices in Pakistan. This is why the HALT-IT trial began at the perfect time; it is helping us answer a very important research question.

- Dr Anum Afsar



SHIFA INTERNATIONAL HOSPITAL

We are one of the teams comprising of emergency department staff and physicians. Our interest was to be part of the knowledge team that came up with the recommendation regarding this vital GI bleeding issue. We have plenty of experience regarding tranexamic acid so it was very natural to take up the idea.

- Dr Abdus Salam Khan (PI)

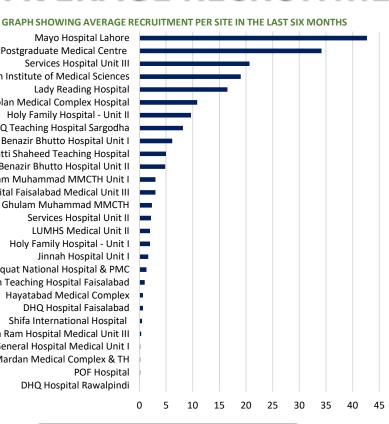
### AVERAGE RECRUITMENT PER SITE



MAYO HOSPITAL LAHORE



JPMC



Mayo Hospital Lahore Jinnah Postgraduate Medical Centre Services Hospital Unit III Asian Institute of Medical Sciences Lady Reading Hospital **Bolan Medical Complex Hospital** Holy Family Hospital - Unit II DHQ Teaching Hospital Sargodha Benazir Bhutto Hospital Unit I Aziz Bhatti Shaheed Teaching Hospital Benazir Bhutto Hospital Unit II Ghulam Muhammad MMCTH Unit I Allied Hospital Faisalabad Medical Unit III Ghulam Muhammad MMCTH Services Hospital Unit II LUMHS Medical Unit II Holy Family Hospital - Unit I Jinnah Hospital Unit I Liaquat National Hospital & PMC Madinah Teaching Hospital Faisalabad Havatabad Medical Complex DHQ Hospital Faisalabad Shifa International Hospital Sir Ganga Ram Hospital Medical Unit III Lahore General Hospital Medical Unit I Mardan Medical Complex & TH **POF Hospital** 

> Holy Family Hospital is our overall **HIGHEST** recruiting hospital in Pakistan! 658 patients randomised!!!



### SERVICES HOSPITAL UNIT III



Message from Dr Wajahat Shafi at Holy Family Hospital:

This research and methodology of the HALT-IT trial is totally different from other trials I have worked on. It interests me a lot as I anxiously wait for the final results after all the hard work the TCC have put into the trial getting this far. Working on the HALT-IT trial is one of the best experiences I have had working on trials. Thank you to the HALT-IT trial team for giving us such a great opportunity.

- Dr Wajahat Shafi (Research Fellow)

Remember to send all your data and responses to any queries as soon as possible. We will need this information to close the database for data analysis.